

INGRID E. MÜRRLE, MFT
4095 Farquhar Avenue
Los Alamitos, California 90720
310-350-0819

EDUCATION

Master of Arts in Clinical Psychology - 1995
Pepperdine University, Los Angeles

Bachelor of Arts in Psychology, Minor in Biology- 1986
George Washington University, Washington D.C.

PROFESSIONAL EXPERIENCE

Senior Clinical Specialist

Youth with Sexual Behavior Problems Program Director and Trainer
Group Treatment Program Director
Supervisor, MFT Practicum Program
Parent Child Interaction Therapy Master Trainer (PCIT)

Children's Institute, Inc., July 2018- Present
Los Angeles, California

Administrative and clinical supervision of group therapy programs for: Victims of child sexual abuse and their non-offending caregivers; Youth with Sexual Behavior Problems; and Children with Sexual Behavior Problems. Supervision and certification of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) trainees and supervision of certified TF-CBT clinicians. PCIT Master Trainer and agency lead in PCIT training and certification of PCIT trainees. Administration and clinical supervision of MFT practicum students entering the field of psychology.

Senior Clinical Specialist

Youth with Sexual Behavior Problems Program Director

Children's Institute, Inc., January 2012- Present
Los Angeles, California

Supervise implementation of federal grant program serving youth with sexual behavior problems (YSBP) in service areas 8 (South Bay) and 4 (Mid-Wilshire) to create a system's change within the community addressing how youth are perceived and linked to developmentally appropriate services. Grant responsibilities include outreach to community agencies to provide education on YSBP. Coordination of sexual abuse group treatment services for victims of sexual abuse and their non-offending caregivers using a TF-CBT format. Additionally, completed TF-CBT supervisory cohort by TF-CBT developers and continue to provide ongoing TF-CBT supervision for staff towards achievement of mastery level criteria with model fidelity. In addition, continue to provide PCIT program coordination and mentor other therapists towards mastery as therapists and trainers in this parent-child evidenced based practice (EBP).

Therapist IV/ Training Coordinator/ Parent- Child Interaction Therapy (PCIT) Trainer/ Trauma-Focused Cognitive Behavior Therapy (TF-CBT) Supervisor

Children's Institute Inc., January 2007 – January 2012
Los Angeles, California

Senior clinician providing individual, family, and conjoint treatment to victims of family violence, sexual abuse, and with foster care and adoptive placement needs. Coordination of group treatment programs for sexual abuse victims & their non-offending caregivers, youth with sexual behavior problems and their caregivers, ADHD clinic addressing behavioral interventions with caregivers and social skills groups for youth diagnosed with ADHD, Incredible years (IY) groups with caregivers and oversight of IY children's social skills groups. In addition, responsibilities include training staff in Parent-Child Interaction Therapy (PCIT) for certification as PCIT therapists in compliance with UC-Davis PCIT requirements and supervision of Trauma-Focused Cognitive Behavioral (TF-CBT) staff and monitoring for fidelity to the model.

Therapist III/ Parent- Child Interaction Therapy (PCIT) Consultant/ Group Specialist

Children's Institute Inc., January 2003 – January 2007
Los Angeles, California

Individual, family, conjoint and group therapy provided to victims of family violence, sexual abuse, and with newly adoptive placements. Certified in PCIT through UC-Davis as a PCIT Trainer to address behavioral challenges related to parenting and/ or attachment issues. Trained in TF-CBT and coordination of program to supervise staff and monitor for fidelity to the treatment model. Additionally, coordinate treatment groups for sexual abuse victims and their non-offending parents, sexually reactive children, and groups in the ADHD clinic.

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Program Coordinator, Child Abuse Treatment Services (CATS)
Children's Institute International, March 2000 – January 2003
Los Angeles, California

Coordination of CATS including sexual abuse treatment groups, therapists, and client needs for three programs (Victim of Crime Services, and two grants: Chicas Unidas, and Victim Intervention and Protection Project). Maintained statistical data and revenue figures for each individual program as well as assessment of new referrals for treatment needs, funding, and assignment to staff. In addition, responsibilities included the full duties of a therapist providing individual, family, and group therapy to victims of family violence and sexual abuse.

Therapist I
Children's Institute International, August 1997 – April 2000
Los Angeles, California

Responsibilities included intake assessments for new clients including a thorough history of presenting problems, symptoms, risk assessment, treatment plan, and diagnosis. Provided individual, family, and group therapy to adults and child victims of family abuse including domestic violence and sexual abuse. In addition, collaborated with other agencies (DCFS, Court, Schools, and Family Preservation) providing services to families for treatment planning and to assess progress.

Recruitment & Training Supervisor
ASPIRA Foster Family Services, September 1994 – August 1997
Culver City, California

Assisted in recruitment and establishing new offices in San Bernardino County and Orange County. Responsible for all recruitment and training of prospective foster parents including; orientations, potential foster parent training, home studies, and certification in compliance with state licensing regulations. Acted as primary trainer for Los Angeles office monthly pre-certification trainings and assisted in coordinating quarterly post-certification trainings. Developed pending home timeline for the L.A. office that was subsequently adopted by other offices within the central and southern region. Supervised department staff including: a recruiter, trainer, and an administrative support person.

Consumer Service Coordinator
North Los Angeles Regional Center, March 1994 – August 1994
Sepulveda, California

Worked with monolingual Spanish-speaking families who had infants diagnosed with developmental disabilities and assessed needs for early intervention by scheduling home visits to assess appropriateness for Regional Center Services. Interviews were conducted in Spanish. Conducted developmental assessments to develop treatment plans and goals to make recommendations, referrals for additional treatment needs and funding.

Foster Home Coordinator/ Social Worker II
Department of Social Services, September 1991 – December 1992
City of Alexandria, Virginia

Development and management of the agency's foster home program. Training and screening to prospective foster parents and ongoing in-service training for approved foster parents. Additionally, evaluated the approval/ denial of applicants and monitored ongoing foster home evaluations. Developed tracking system for eligibility of foster homes. Maintained vacancy list, selection of homes for placement, maintained placement logbooks and foster home statistics. Duties included recruitment and work as a liaison with the community. In addition, carried a small short-term caseload of home evaluations for court ordered custody investigations.

Social Worker I
Department of Social Services, February 1990 – September 1991
City of Alexandria, Virginia.

Caseload of 30 Family Services, Foster Care, preventive and ongoing Child Protective Services cases that involved domestic violence, child neglect, physical and sexual abuse; including sexual reactivity and sexually disruptive behavior in children. Case work included written assessments, service plans, home studies, social histories, narrative, and periodical statistical reporting. Extensive court involvement included

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preparation of court reports, verbal testimony, Petitions for Protective Orders, Show Cause Hearings, Emergency Removals, and Termination of Parental Rights. Responsibilities also included rotating night and weekend on call coverage for CPS investigations as well as rotating daily telephone and emergency coverage. Additional assistance was provided to the Alexandria Police Department and Court for translation services in apprehending and prosecuting perpetrators of child sexual abuse allegations.

Counseling Coordinator

Community Based Services, Inc. - The Family Advocacy Program, April 1989 – February 1990
Annandale, Virginia

Supervised Family Counselors (32 clients) and provided technical assistance and support while monitoring service delivery to insure quality and contract compliance. Coordinated with referring agencies, Treatment Team, and client families to establish and monitor a treatment plan for each individual case. Assisted the Regional Director in the selection, training, and evaluation of Family Counselors. In addition, fulfilled the full duties of a Family Counselor.

Family Counselor

Community Based Services, Inc. - The Family Advocacy Program, November 1987 – April 1989
Annandale, Virginia

Intensive home-based services providing family, individual, and group counseling teaching conflict resolution and parenting skills with ongoing support to the family. Needs assessment and case management/ networking with the community, institutions, and services (i.e. Social Service agencies, daycare centers, schools, drug treatment centers, courts, etc.). Taught daily living skills and facilitated use of community resources. Case issues focused on domestic violence, sexual abuse, incestuous family dynamics and adolescent sexual reactivity. Developed female adolescent support group focusing on proactive vs. reactive behavior.

PRESENTATION EXPERIENCE

(2012, January). **Youth with Sexual Behavior Problems and Victims**. *Lakewood DCFS*.
(2012, January). **Youth with Sexual Behavior Problems and Victims**. *Lakewood DCFS*.
(2012, January). **Youth with Sexual Behavior Problems and Victims**. *Lakewood DCFS*.
(2011, February). **Interviewing Victims of Sexual Abuse**. *Children's Institute, Inc.*
(2011, December). **Youth with Sexual Behavior Problems**. *Torrance DMH Providers*.
(2011, November). **Working with Sexually Reactive Youth**. *Children's Bureau*.
(2011, September). **Child Sexual Abuse**. *Children's Institute, Inc.*
(2011, August). **Youth with Sexual Behavior Problems**. *Court Social Workers with the District Attorney*.
(2010, February, April, July). **From Surviving to Thriving With ADHD**. *Children's Bureau*.
(2009, November). **From Surviving to Thriving With ADHD**. *Children's Bureau*
(2009, February, May, August). **Surviving after Trauma**. *Children's Bureau*.
(2008, October). **Surviving after Trauma**. *Children's Bureau*.
(2008, February, May, August). **The Impact of Domestic Violence on Children**. *Children's Bureau*.
(2007, November). **The Impact of Domestic Violence on Children**. *Children's Bureau*.
(2007, May). **Parent-Child Interaction Therapy**. *Children's Institute Staff and Child Care Providers*.
(2006, October). **Parent-Child Interaction Therapy**. *Children's Institute Staff and Child Care Providers*.
(2006, September). **Child Sexual Abuse**. *Children's Institute, Inc.*
(2006, January). **Child Abuse reporting**. *Children's Institute, Inc. Childcare Providers*.
(2005, May). **Parent-Child Interaction Therapy**. *Children's Bureau Staff and Caregivers*.
(2004, September). **Child Sexual Abuse**. *Children's Institute, Inc.*
(2012, January). **2-Day Agency YSBP Treatment Implementation Training**. *Children's Institute, Inc.*
(2012, February, April). **Working with Sexually Reactive Youth**. *Children's Bureau*.
(2012, February). **Youth with Sexual Behavior Problems and Victims**. *Torrance DCFS Staff and Supervising CSWs*.
(2012, February). **Youth with Sexual Behavior Problems and Victims**. *Dependency Court Judicial Officers*.
(2012, March). **Youth with Sexual Behavior Problems and Victims**. *Lakewood DCFS*.
(2012, March). **Youth with Sexual Behavior Problems and Victims**. *Children's Institute Inc. Staff*
(2012, March). **Youth with Sexual Behavior Problems and Victims**. *LAUSD Suspension and Expulsion Unit* .
(2012, March). **Youth with Sexual Behavior Problems and Victims**. *DMH Executive Providers*.
(2012, March). **Youth with Sexual Behavior Problems and Victims**. *Children's Institute, Inc. - WATTS (SPA 6) WRAP and FSP Staff*.
(2012, April). **Sexual Development in Children and the Impact of Abuse**. *Children's Law Center- Court Investigators*.

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(2012, April). **Youth with Sexual Behavior Problems and Victims.** *Children's Institute, Inc. – South Bay (SPA 8) FSP Staff.*

(2012, April). **Youth with Sexual Behavior Problems and Victims.** *Delinquency Court.*

(2012, May). **Child Sexual Abuse: Accommodation Syndrome.** *Children's Law Center- Attorney Training.*

(2012, August). **Working with Sexually Reactive Youth.** *Children's Bureau.*

(2012, September). **Evidenced Based Treatment for Youth with Sexual Behavior Problems.** *IVAT Conference.*

(2012, November). **Let's Talk About Sex: What Kids Need To Hear and What Parents Need To Say.** *Children's Bureau*

(2013, January, April, August). **Let's Talk About Sex: What Kids Need To Hear and What Parents Need To Say.** *Children's Bureau*

(2013, July) **Youth with Sexual Behavior Problems and Victim Treatment,** *Edelman's Children's Court-Delinquency and Dependency Court Judicial Officials*

(2013, September) **Evidenced-Based Treatment for Youth with Sexual Behavior Problems.** *IVAT Conference.*

(2013, September) **Incluyendo y Adaptando a la Cultura de la Familia Latina en PCIT** (Engaging and Adapting PCIT for the Latino Family). *PCIT Annual Conference*

(2017, October, 2016, October, 2015, October, 2014, January) **Youth with Sexual Behavior Problems and Victims.** *Children's Institute Inc. Staff*

2017, September-October) **Trauma Seminar.** *Pre-Doctoral Students at Children's Institute, Inc.*

(2016, October, 2017, October) **2-day PCIT Basic Training.** *Children's Institute, Inc.*

(2018 June) **Engaging Immigrant Latino Families in this Era of Deportation.** *National Child Sexual Behavior Symposium*

(2018 June) **Self-care and The Compassionate Clinician.** *National Child Sexual Behavior Symposium*

Other trainings for Foster Parents in Partners at Children's Institute International included: **Working with Hyperactive Children; Providing a Safe Environment for Sexual Abuse Victims; Lying, Stealing and Cheating; What's the Difference between Sexual Abuse and Developmental Sex Play.**

VOLUNTEER WORK EXPERIENCE

United in Harmony, August 2000 – Present
Los Angeles, California

Board member (2001-2009) for United in Harmony which provides homeless, impoverished and at-risk children with a summer camp experience and other social outings and activities.

Director of Mentoring – September 2004 - 2010

Creation of Mentoring Program to continue to track and assist children who are no longer within the age range to attend Camp Harmony. Monthly activities are designed to help children learn about options and opportunities within their communities and to encourage them to complete their high school education.

Airport Marina Counseling Services, January 1994 – December 1994
Westchester, California

Internship experience as a student therapist with family and individual cases. Provided intakes and carried a caseload of clients presenting with issues such as: mood, anxiety, personality, and adjustment disorders. Treatment provided included behavioral interventions such as systematic desensitization, cognitive-behavioral therapy, family systems, and a psychodynamic approach.

Montgomery County Hotline, July 1987 – December 1987
Kensington, Maryland

Counseled individuals who identified as being in crisis. Maintained statistical data for center records and referred callers to outside aide such as shelters, food banks, and professional crisis centers.

Rock Creek Foundation, April 1986 – December 1986
Silver Spring, Maryland

Developed and served as Editor of the student/ volunteer newsletter. Assisted in the organization of student/ volunteer manual. Consulted with patients on daily problem solving. Role-played with patients to facilitate their assimilation into mainstream society.

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ADDITIONAL EDUCATIONAL DEVELOPMENT

One year of training in family therapy at Alexandria Social Services. Virginia state training in social work, foster care, child protective services, child development, preventing abuse in foster care, substance abuse and child welfare, sexual abuse (treating the offender), and the effects of abuse/ neglect on child development. Certified as a PCIT Trainer by UC-Davis. Trained in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) with participation in supervisor's cohort with TF-CBT developers and Incredible Years (IY). PSB-CBT (Problematic Sexual Behavior) Group Treatment Trainer certified by the PSB-CBT developers at OUHS

PROFESSIONAL SKILLS

Bicultural and Bilingual in Spanish

Reference available upon request.