

CURRICULUM VITAE

Julia Ruth Grimm, LISW-CP

Julia R. Grimm, LISW-CP, LLC
Independent Trainer and Consultant
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SOCIAL WORK PRACTICE

2022 – Present Julia R. Grimm, LISW-CP, LLC
Owner; Independent Trainer and Consultant

2010 – 2022 Dee Norton Child Advocacy Center: Clinical Team Supervisor; Therapist and Forensic Interviewer; Mental Health Assessment Sub-Specialty Leader; PSB-CBT Trainer and Consultant; Risk Reduction through Family Therapy Trainer and Consultant

2013 – 2020 USC College of Social Work at Dee Norton Child Advocacy Center: MSW Internship Program Coordinator and Field Instructor

2016 – 2018 USC College of Social Work Master of Social Work Program:
Adjunct Faculty

2014 – 2015 MUSC National Crime Victims Research and Treatment Center:
Trauma Focused – Cognitive Behavioral Therapy Fidelity Coder

PROFESSIONAL SERVICE AND AFFILIATIONS

January 2018 – Present National Center on the Sexual Behavior of Youth at the University of Oklahoma Health Sciences Center
Training and Technical Assistance Team
Clinical Trainer and Consultant

June 2017 – June 2019 National Association of Social Workers, South Carolina Chapter
Board of Directors, Southern Unit Representative
NASW-SC Spring Symposium Planning Committee Member

EDUCATION

May 2010 **Master of Social Work**
University of South Carolina
Social Work

Dec 2007 **Bachelor of Science**
Charleston Southern University
Sociology

LICENSURE

2018 Licensed Independent Social Worker – Clinical Practice
South Carolina Board of Social Work Examiners
State of South Carolina
License #9865

2011 Licensed Master of Social Work
South Carolina Board of Social Work Examiners
State of South Carolina
License # 9865

PROFESSIONAL CERTIFICATIONS AND ROSTERING

2021 Trauma Focused – Cognitive Behavioral Therapy
Completion of Train the Supervisor
Nationally Certified Provider
Allegheny Health Network and the Rowan University CARES Institute

2019 Dale Carnegie Leadership for Managers
Course graduate
Dale Carnegie

2019 Problematic Sexual Behavior – Cognitive Behavioral Therapy for School Age
Children
Rostered Provider and Clinical Trainer
Oklahoma University Health Sciences Center

2019 Risk Reduction through Family Therapy
Rostered Provider and Clinical Trainer
Medical University of South Carolina National Crime Victims Research and
Treatment Center

2018 Problematic Sexual Behavior – Cognitive Behavioral Therapy for Adolescents
Rostered Provider and Clinical Trainer
Oklahoma University Health Sciences Center

PROFESSIONAL PUBLICATIONS

Jenkins, C.S., **Grimm, J.R.**, Shier, E.K., van Dooren, S., Ciesar, E.R., &
Reid-Quiñones, K., (2020) Feasibility and effectiveness of Problematic Sexual

Behavior- Cognitive Behavioral Therapy for Adolescents: Preliminary Findings. *Child Abuse and Neglect—The International Journal Special Edition: Children with Problematic Sexual Behaviors*, 105

PROFESSIONAL PRESENTATIONS

Schmidt, S., Gallo, N., Grimm, J., Jenkins, C.A., Galsky, A., (2021) Problematic Sexual Behavior – Cognitive Behavioral Therapy for Adolescents. *Multi-day didactic training with ongoing consultation, Raleigh, NC.*

Grimm, J.R., (2020) A Collaborative Response to Problematic Sexual Behaviors. *MDT Training with Children’s Home Society of South Dakota, Rapid City, SD.*

Silovsky, J.F., Shields, J., Grimm, J.R., Jenkins, C.A., (2020) Problematic Sexual Behavior Cognitive Behavioral Therapy for School Age Children. *Multi-day didactic training with ongoing consultation, Raleigh, NC.*

Silovsky, J.F., Millington, S., Jones, J., Grimm, J.R., Jenkins, C.A., (2019) Problematic Sexual Behavior-Cognitive Behavioral Therapy for School Age Children. *Multi-day didactic training with ongoing consultation, Oklahoma City, OK*

Grimm, J.R., (2019) A Family’s Journey through Problematic Sexual Behavior and their Community’s Response. *MDT Training for CPT, Ft. Myers, FL*

Danielson, C.K., Grimm, J.R., McKee, S. (2019) Risk Reduction through Family Therapy Clinical Training. *Multi-day didactic training with ongoing consultation, Charleston, SC*

Adams, Z. & Grimm, J.R. (2018) Risk Reduction through Family Therapy, Pre-Conference Workshop. *National Symposium on the Sexual Behavior of Youth, Norman, OK*

Grimm, J.R. & Jenkins, C. (2018) Assessment of Youth with Problematic Sexual Behaviors in a CAC Setting. *National Children’s Alliance Leadership Conference, Washington D.C.*

Gunn, A. & Grimm, J.R. (2018) Sexual Behavior Problems Group Treatment at Dee Norton Child Advocacy Center. *Charleston Dorchester Department of Mental Health Quarterly Training, Charleston, SC*

Grimm, J.R. & Burrows, J. (2017) Risk Reduction and Abuse Prevention. *Wando High School, Charleston, SC*

Grimm, J.R., Rebula, A.G., & Desch, A. (2017) Risk Reduction, Abuse Prevention, and Responding to Speak. *Wando High School, Charleston, SC*

Grimm, J.R. & Danielson, C.K. (2017). Risk Reduction through Family Therapy: Integrated Treatment for Co-morbid PTSD, Substance Use, and other Risky Behaviors among Adolescents: A Case Study, *APSAC Advanced Training Summit, Portland, ME*

Danielson, C.K. & Grimm, J.R. (2017). Risk Reduction through Family Therapy (RRFT):

Treatment for Co-Occurring PTSD, Substance Use Problems, and Sexual Risk Behaviors, *APSAC Advanced Training Summit, Portland, ME*

Danielson, C.K., Adams, Z.W., Grimm, J.R., & Shealey, K. (2016). An Introduction to Risk Reduction through Family Therapy (RRFT): Treatment for Co-Occurring PTSD, Substance Use Problems, and Other Risky Behaviors, *Charleston Child Trauma Conference, Charleston, SC*

Bonner, B., Widdifield, J. Grimm, J.R., & Strunsky C.A. (2016). Problematic Sexual Behavior – Cognitive Behavioral Therapy for Adolescents, *multi-day didactic training with ongoing consultation, Ft. Worth, TX.*

Grimm, J.R. & Strunsky, C.A. (2016). Adolescent Development in the Digital Age: Digital Natives, Navigating Uncharted Territory, *APSAC Colloquium, New Orleans, LA.*

Grimm, J.R. & Strunsky, C.A. (2015). Adolescent Sexual Development in the Digital Age: The “Constant Contact” Generation, *MUSC Foster Care Clinic Annual Conference, Charleston, SC.*

Grimm, J.R. & Strunsky, C.A. (2014). Adolescent Sexual Development in the Digital Age: The “Constant Contact” Generation, *Sarah Schuh Conference, Charleston, SC.*

Grimm, J.R. & Strunsky, C.A. (2012). Childhood Sexual Development: Infancy through Adolescence, *Advanced Child First Course, Columbia SC*

Grimm, J.R., Elsey, D., & Woodson, C. (2012). The Child and Family Traumatic Stress Intervention: An Example of Evidence Based Treatment, *Sarah Schuh Conference, Charleston, SC.*

Grimm, J.R. & Strunsky, C.A. (2012). Trauma Informed Educators, *Charleston Educator Symposium, Charleston SC.*

Grimm, J.R. & Strunsky C.A. (2012). Sexual Development and the Sexual Behavior Problems Program, *Windwood Family Services, Mount Pleasant SC.*

Grimm, J.R. & Strunsky C.A. (2012). Adolescent Sexual Behavior Problem Treatment Program, *30 hour professional training on evidence based treatment, Charleston, SC*

Grimm, J.R. & Strunsky C.A. (2012). Sexual Development and the Sexual Behavior Problems Program, *Communities in Schools, Charleston SC.*

PROFESSIONAL POSTER PRESENTATIONS

Grimm, J.R. & Strunsky, C.A. (2012). Utilizing a Community-Based Learning Collaborative to Implement Evidence-Based Treatment Planning: Sexual Behavior Problems Program in the Lowcountry. *San Diego International Conference on Child and Family Maltreatment, San Diego, CA.*

HONORS AND AWARDS

- 2016 Social Work Today, “10 Dedicated and Deserving Social Workers”
- 2015 Field Instructor of the Year Nominee
- 2009 Member of Phi Alpha, National Social Work Honor Society
- 2005 Member of Alpha Kappa Delta, National Sociology Honor Society
- 2005 Member of Psi Chi, National Honor Society in Psychology
- 2005 Member of Alpha Chi, Academic Honor Society
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CONTINUING EDUCATION

- 2021 CE-CERT
Evidence based skills for mitigating vicarious trauma
Dee Norton Child Advocacy Center
Virtual and ongoing consultation
- 2021 Oklahoma Child Abuse and Neglect Virtual Conference
Relevant practice in child and family maltreatment
University of Oklahoma Health Sciences Center
Virtual
- 2020 Ethics in Telemental Health
Ethical guidelines for best practices in telemental health
Life Resources, LLC
Virtual Training
- 2020 Advanced Clinical Training: Telehealth Delivery of TF-CBT
TF-CBT implementation via telemental health
MUSC Department of Psychiatry and Behavioral Sciences
Hosted virtually from Charleston, SC
- 2020 National Children’s Alliance Leadership Conference
Relevant Issues in CAC Leadership
National Children’s Alliance
Hosted virtually from Washington, DC
- 2020 Regional and Statewide Forensic Interviewing Peer Review
Best Practice for Forensic Interviewing
SC Network of Children’s Advocacy Centers
Hosted virtually from Columbia, SC

- 2020 Charleston Child Trauma Conference
Relevant research and practices in the field of child and family maltreatment
Dee Norton Child Advocacy Center
Hosted virtually from Charleston, SC
- 2019 Charleston Child Trauma Conference
Relevant research and practices in the field of child and family maltreatment
Dee Norton Child Advocacy Center
Charleston, SC
- 2019 Regional and Statewide Forensic Interviewing Peer Review
Best Practice for Forensic Interviewing
SC Network of Children's Advocacy Centers
Charleston, Beaufort, Summerville, and Columbia, SC
- 2019 Field Educator Annual Program Meeting
Continuing education for MSW Field Instructors
University of South Carolina, College of Social Work
Columbia, SC
- 2019 Best Fest
Trauma Processing and Narration in Complex Trauma; Problem-Based Learning
Project Best
Columbia, SC
- 2018 Charleston Child Trauma Conference
Relevant research and practices in the field of child and family maltreatment
Dee Norton Child Advocacy Center
Charleston, SC
- 2018 National Children's Alliance Leadership Conference
Relevant Issues in CAC Leadership
National Children's Alliance
Washington, D.C.
- 2018 National Symposium on the Sexual Behavior of Youth
Policy, Assessment, and Intervention related to Youth with Problematic Sexual
Behaviors
National Center on the Sexual Behavior of Youth
Norman, OK
- 2018 Keystones: Trauma Focused-Cognitive Behavioral Therapy Adaptations for Victims of
Commercial Sexual Exploitation and Trafficking
Georgia CAC
Atlanta, GA
- 2018 ChildFirst Ex: Expanded Forensic Interview Process

Gunderson National Child Protection Training Center
Columbia, SC

2018 NASW-SC Spring Symposium
Relevant Issues in Social Work
National Association of Social Workers, South Carolina Chapter
Columbia, SC

2018 Regional and Statewide Forensic Interviewing Peer Review
Best Practice for Forensic Interviewing
SC Network of Children's Advocacy Centers
Charleston, Beaufort, Summerville, and Columbia, SC

2017 Charleston Child Trauma Conference
Forensic Interviewing and Trauma Treatment
Dee Norton Lowcountry Children's Center
Charleston, SC

2017 DBT Training Series
DBT skills with individuals and groups
Medical University of South Carolina
Charleston, SC

2017 Regional and Statewide Forensic Interviewing Peer Review
Best Practice for Forensic Interviewing
SC Network of Children's Advocacy Centers
Charleston, Beaufort, Summerville, and Columbia, SC

2017 APSAC Professional Training Summit
Forensic Interviewing and Trauma Treatment
American Professional Society on the Abuse of Children
Portland, ME

2017 Screening, Brief Intervention, and Referral to Treatment (SBIRT)
University of South Carolina College of Social Work
Charleston, SC

2016 Alternatives for Families – Cognitive Behavioral Therapy
Best practices for physically abusive, coercive, and aggressive families
MUSC National Crime Victims Research and Treatment Center and Dee Norton Lowcountry
Children's Center
Charleston, SC

2016 Charleston Child Trauma Conference
Forensic Interviewing and Trauma Treatment
Dee Norton Lowcountry Children's Center
Charleston, SC

- 2016 Psychodiagnostics
Graduate course in Psychodiagnostics
University of South Carolina College of Social Work
Columbia, SC
- 2016 APSAC Colloquium
Forensic Interviewing and Trauma Treatment
American Professional Society on the Abuse of Children
New Orleans, LA
- 2016 National Forensic Peer Review Teleconferencing
Best Practice for Forensic Interviewing
Charleston, SC
- 2016 Regional and Statewide Forensic Interviewing Peer Review
Best Practice for Forensic Interviewing
SC Network of Children's Advocacy Centers
Charleston, Beaufort, Summerville, and Columbia, SC
- 2016 Problematic Sexual Behaviors of Youth Peer Supervision
Best Practice and Fidelity Monitoring in PSB-CBT Implementation
Dee Norton Lowcountry Children's Center and Dorchester Children's Center
Charleston and Summerville, SC
- 2015 Motivational Interviewing
Introductory course to Motivational Interviewing
MUSC Psychiatry Continuing Education
Charleston, SC
- 2015 Sara Schuh Conference
Forensic Interviewing and Trauma Treatment
Dee Norton Lowcountry Children's Center
Charleston, SC
- 2015 National Forensic Peer Review Teleconferencing
Best Practice for forensic interviewing
Charleston, SC
- 2015 Mindfulness Strategies for Anxiety and Panic Disorder
Best practices for the implementation of mindfulness for anxiety
MUSC Psychiatry Continuing Education
Charleston, SC
- 2015 NICHD Forensic Interview Guidelines
Best practices for utilizing the NICHD guidelines in forensic interviewing

Salt Lake Children's Justice Center
Charleston, SC

2014 Updates in the South Carolina ChildFirst Protocol
Best practices for forensic interviewing
USC Children's Law Center
Columbia, SC

2014 Risk Reduction through Family Therapy
Best practices using evidence based treatment for adolescents with co-occurring trauma history and substance use.
MUSC National Crime Victims Research and Treatment Center
Charleston, SC

2014 Trauma Focused Cognitive Behavioral Therapy
Best practices using evidence based treatment for child victims of trauma.
MUSC National Crime Victims Research and Treatment Center and Dee Norton Lowcountry Children's Center
Orangeburg, SC

2014 National Forensic Peer Review Teleconferencing
Best Practice for forensic interviewing
Charleston, SC

2014 Sara Schuh Conference
Forensic Interviewing and Trauma Treatment
Dee Norton Lowcountry Children's Center
Charleston, SC

2013 Libby's Gift
The Commercial Sexual Exploitation of Children: A Call for Multidisciplinary Collaboration in South Carolina
Dee Norton Lowcountry Children's Center
Charleston, SC

2013 Sara Schuh Conference
Forensic Interviewing and Trauma Treatment
Dee Norton Lowcountry Children's Center
Charleston, SC

2013 Trauma Focused Cognitive Behavioral Therapy
Best practices using evidence based treatment for child victims of trauma.
Dee Norton Lowcountry Children's Center / MUSC National Crime Victims Research & Treatment Center
Charleston, SC

2013 National Forensic Interviewing Peer Review Teleconferencing

Children's Hospital and Clinics
Best Practice for forensic interviewing
Charleston, SC

2012 Libby's Gift: Hope and Healing into the Future, Healing the Healer: Developing Individual, Organizational, and Community Resiliency
Dee Norton Lowcountry Children's Center
Charleston, SC

2012 The Child and Family Traumatic Stress Intervention
A brief intervention for children and families who have experienced trauma
Yale Child Study Center
New Haven, CT

2012 Sarah Schuh Conference
Forensic Interviewing and Trauma Treatment
Dee Norton Lowcountry Children's Center
Mount Pleasant, SC

2012 Protection Clarification
Dee Norton Lowcountry Children's Center
Charleston, South Carolina

2012 Sexual Behavior Problems School-Aged/Preschool Assessment Training
National Children's Alliance & University of Oklahoma Health Science Center
Charleston, SC

2012 National Forensic Peer Review Teleconferencing
Best Practice for forensic interviewing
Charleston, SC

2012 The 26th Annual San Diego International Conference on Child and Family Maltreatment
Implementing Trauma Treatment and Forensic Interviewing
San Diego, CA

2011 Sexual Behavior Problems Adolescent Assessment Training
Conducting an assessment to evaluate adolescents with sexual behavior problems
National Children's Alliance & University of Oklahoma Health Science Center
Charleston, SC

2011 Sexual Behavior Problems – Preschool Treatment Training
Implementing treatment for preschool children with sexual behavior problems
National Children's Alliance & University of Oklahoma Health Science Center
Charleston, SC

2011 Sexual Behavior Problems – School Aged Treatment Booster Training

Implementing treatment for school-aged children with sexual behavior problems
National Children's Alliance & University of Oklahoma Health Science Center
Charleston, SC

2011 Libby's Gift: Hope and Healing for the Future, Olga Trujillo, J.D.
Dissociative Identity Disorder in Sexual Abuse Victims
Dee Norton Lowcountry Children's Center
Mount Pleasant, SC

2011 Child First South Carolina
Interviewing Children and Preparing for Court
National Child Protection Training Center
Columbia, South Carolina

2011 National Forensic Peer Review Teleconferencing
Best Practice for forensic interviewing
Charleston, SC

2010 Sexual Behavior Problem - School Aged Treatment
Implementing treatment for school-aged children with sexual behavior problems
National Children's Alliance & University of Oklahoma Health Science Center
Charleston, SC

2010 Sarah Schuh Conference
Forensic Interviewing and Trauma Treatment
Dee Norton Lowcountry Children's Center
Mount Pleasant, SC

2010 Sexual Behavior Problem- Adolescent Treatment
Implementing treatment for adolescents' with sexual behavior problems
National Children's Alliance & University of Oklahoma Health Science Center
Charleston, SC

2009 TFCBT Web
An On-line Training Course for Trauma-Focused Cognitive-Behavioral Therapy
MUSC National Crime Victims Research and Treatment Center
Charleston, SC

2009 Stewards of Children Facilitator
Child Sexual Abuse Awareness and Prevention Training
Darkness to Light
Charleston, SC
