

Following Sexual Behavior Rules for Parents and Caregivers

If your child has demonstrated PSB, it's important to have a safety plan and follow these general rules.

1. **Be calm.** As a parent, it is important to remain calm when PSB occurs.
2. **Communicate with your child and any other children.** Have a conversation with your child about safety, communication, and trust. Talk with other children about sexual behavior rules in the home (link out to rules graphic on next page). Have ongoing conversations with each child so that they know the sexual behavior rules. You want your child to come to you with any questions they have.
3. **Close supervision is important** when the child is with other children. Children who have acted out sexually with other children need continuous visual supervision.
4. **The child with problematic sexual behaviors should not sleep in the same bed with other children.** The child should sleep in a room alone.
5. **Communicate clear rules and expectations about privacy and appropriate sexual behavior** to all your family members. It is important that all members of the family know and observe these rules. All children and adults in the home should be included in discussing the privacy rules.
6. **Have privacy rules in place.** Insist on privacy in the bedrooms and bathrooms. Have clear rules in place about entering bedrooms or bathrooms.
7. **Personal self-care should occur in private.** Once a child has demonstrated problematic sexual behavior with other children, the child needs to bathe alone and should take care of personal self-care in the bathroom without the presence of other children.
8. **An adult should remain in charge of all the children.** Children with problematic sexual behaviors should not be given any opportunities to assume a role of authority over other children.
9. **Children need to be protected from sexual images.** Images are often found online, in movies, and magazines. Supervise your children while they are on any device. Use parental controls and other safety measures.
10. **Parents and other adults should demonstrate modesty in the child's presence.** There should be no nudity, partial nudity, or explicit displays of sexual behavior by parents, other adults or teenagers in front of the child. It is okay for adults to show affection to each other and the children.

The information contained in this toolkit and multimedia content represents the views and opinions of the creators and not the views of OUHSC or states, tribes, and agencies. Mandatory reporting requirements and response to PSB varies between jurisdictions. For more information about mandatory reportings of child abuse and neglect, visit: <https://www.childwelfare.gov/pubPDFs/manda.pdf>



Adapted from NCSBY, Safety Plan
CLICK HERE.

Sexual Behavior Rules (for School-Age Children)



It is **NOT OK** to look at other people's private parts.



It is **NOT OK** to show your private parts to other people.



It is **NOT OK** to touch other people's private parts.



It is not **NOT OK** to use sexual language or make other people uncomfortable with your sexual behavior.



It is **OK** to touch your private parts as long as it is in private and does not take too much time.



Learn more about talking points for developmental stages, [CLICK HERE](#).

Private Parts Rules

No touching other people's private parts. This includes kicking, hitting, biting, or hurting.

No other people can touch your private parts. The person doing the touching would be the one breaking the rule. Exceptions to this rule are for caregivers who may need to help with hygiene and for doctors who may need to check to make sure that all parts of a child's body are healthy.

No showing of private parts to other people. Keep your clothes on when other people can see you. No looking at other's private parts.

No looking at other's private parts. Such as, do not look at others when they are going to the bathroom.

No touching of private parts in public. Touching your own private parts when you are alone is OK.

